

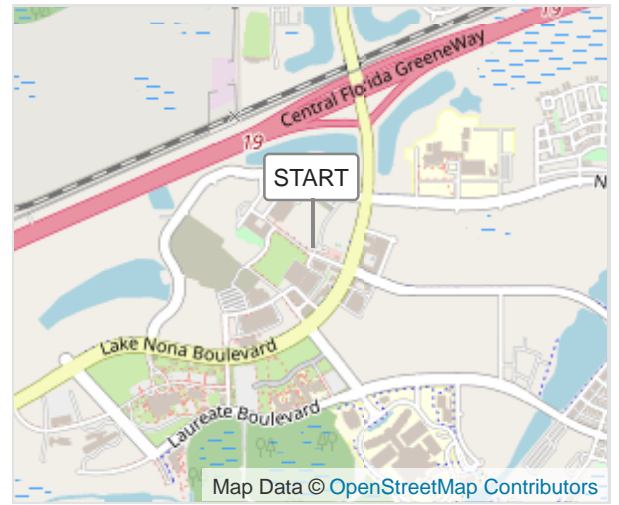


Lake Nona Tri 5k

ROUTE INFORMATION

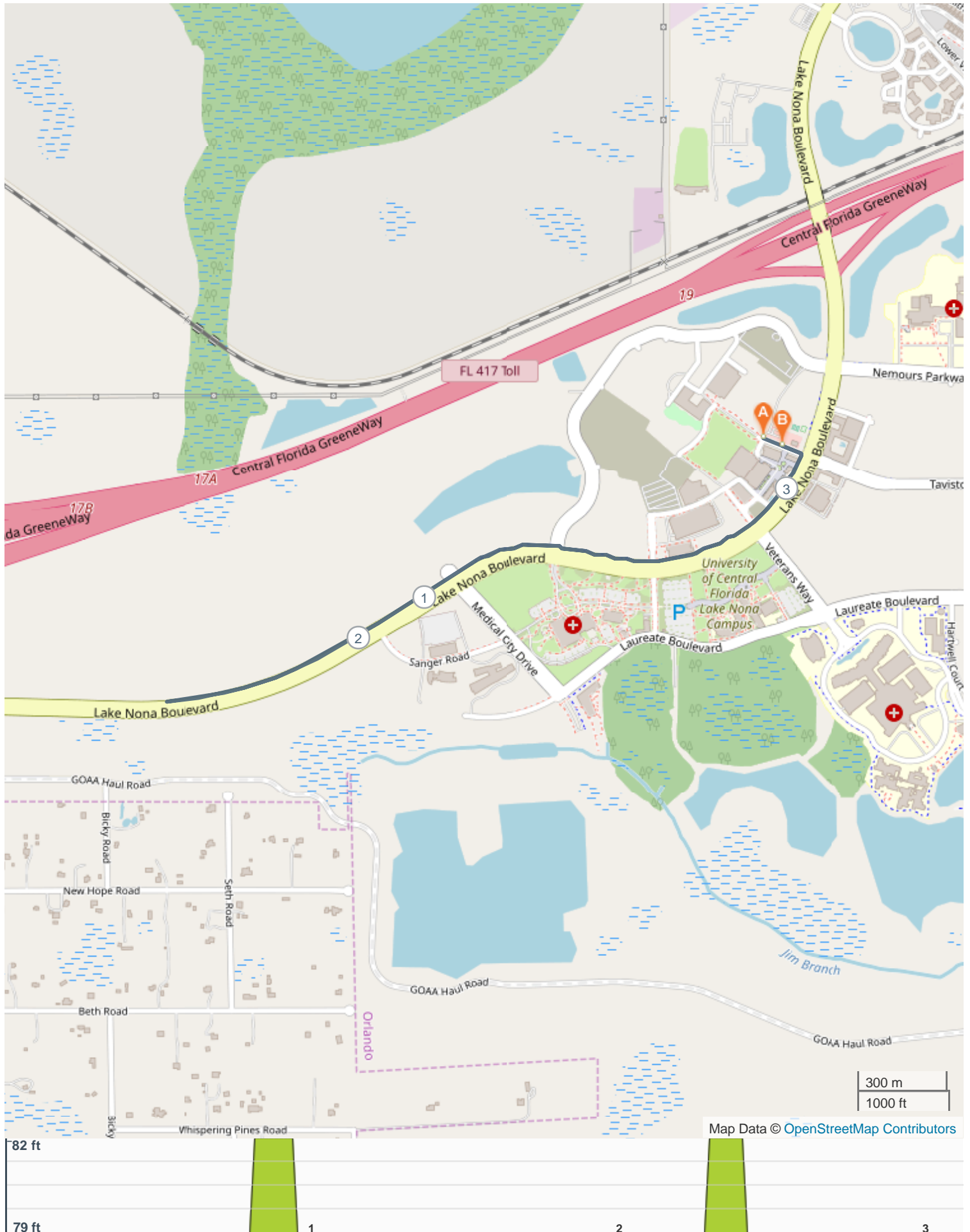


ROUTE LENGTH 3.120 miles
ASCENT 6 ft
DESCENT 6 ft
HILLS ⬆ 3.6% | ⬇ 3.6% | ➡ 92.7%
TERRAIN Off-Road 🌲
START **LAT:** 28.372968, **LNG:** -81.279166



NOTES

Lake Nona Tri 5k



ROUTE DIRECTIONS

No	Miles	Turn	Directions
1	0.000		Start on
2	0.085	→	Turn right
3	0.215		Keep right
4	0.679	→	Turn right
5	0.703	←	Turn left
6	0.706	→	Turn right
7	0.942	→	Turn right
8	2.220	←	Turn left
9	2.456	←	Turn left
10	2.458	→	Turn right
11	2.482	←	Turn left
12	3.076	←	Turn left
13	3.120		FINISH